



Fielding Lessons

Fielding Instructors :

Blair Havens

Tony Zuniga

Ashley Vanboxmeer

Many players make the mistake of training in a one-dimensional fashion – they work long hours on hitting or pitching, but do not build their fielding and throwing skills. Expanding your fielding skills will make you a well-rounded player, therefore, increasing your versatility and value as a player.

Customized Instruction:

Our fielding instructors come to you. You set up an agreed upon time and meeting place for your individual, small group and team fielding lessons. At ProBall, the lessons are catered to the individual needs of each player. Instruction is available for beginning/intermediate through advanced/elite skill levels.

Fielding Lessons will cover:

- Proper mechanics to build throwing strength and accuracy
- Basic foot-work for infield and outfield play
- Foot-work for turning double plays from multiple positions
- Foot-work for slow rollers, back-hand, fore-hand
- Cut-offs and relays
- Position-specific skills (i.e catcher, corner positions)

Lesson Fees

- One private 30 minute lesson \$45-65
- Package of four 30 minute lessons \$160-240
- Small group (2 or more) and team lesson rates available. Call (949) 722-7805 for pricing.